

Seattle Masters Classic/NW Region Championships

7/19/2008 to 7/20/2008

West Seattle, WA

Women's Results

100m	
W35 Birade, Dena	12.57
Gortner, Cherish	14.15
W40 Mahoney, Gray,	16.28
Sue Barbara	16.53
W45 Sluys, Daphne	14.10
Butler, Linda	14.18
Kuhnly, Gail	15.72
W50 Fazio, Karlyne	14.98
200m	
W35 Gortner, Cherish	29.99
W40 Smith, Sarah	31.07
W45 Butler, Linda	29.34
Sluys, Daphne	29.36
W50 Fazio, Karlyne	32.24
400m	
W40 Smith, Sarah	1:08.12
W45 Butler, Linda	1:06.52
Sluys, Daphne	1:09.67
W50 Fazio, Karlyne	1:15.43
800m	
W40 Smith, Sarah	2:31.77
Carter, Brenda	2:32.18
W45 Butler, Linda	2:50.95
W60 Nelson, Phyllis	3:06.83
1500m	
W35 Nesbit, Janelle	9:11.56
W40 Weaver, Angela	6:08.33
W45 Tylor, Lisa	5:19.92
W50 Prather, Sherri	7:10.36
W60 Nelson, Phyllis	6:10.43
5000m	
W35 Empey, Susan	18:20.19
W40 Weaver, Angela	23:21.89
1 mile racewalk	
W35 Nesbit, Janelle	17:51.05
W40 Choi, Dora	10:34.08
W70 McCall, Bev	10:31.36
5000m racewalk	
W40 Choi, Dora	35:01.26
W70 McCall, Bev	34:07.38
80m Hurdles	
W45 Butler, Linda	14.88
110m Hurdles	

M45 Roberson, James	18.39
300m Hurdles	
M60 Jacobson, Vance	54.42
2000m Steeplechase	
W40 Steen, Karen	7:29.44
High Jump	
W40 Toll, Julie	1.20m
W45 Butler, Linda	1.25m
W65 Sisley, Becky	1.12m
Pole Vault	
W50 Schultz, Donna	3.10m
W65 Sisley, Becky	2.30m
Long Jump	
W35 Gortner, Cherish	4.67m
Nesbit, Janelle	2.50m
W45 Butler, Linda	4.00m
W50 Kirkpatrick, Yvonne	3.21m
W65 Sisley, Becky	3.30m
Triple Jump	
W35 Gortner, Cherish	9.67m
Shot Put	
W40 Johnson, Kam	9.71m
Jenkins, Laura	8.84m
W45 Edman-Surina, Carla	8.50m
Butler, Linda	7.10m
W50 Kirkpatrick, Yvonne	9.61m
W60 Hinz, Susan	7.02m
W65 Cutler, Georgia	7.35m
Sisley, Becky	6.77m
Discus	
W35 Nesbit, Janelle	16.81m
W40 Johnson, Kam	26.26m
Jenkins, Laura	27.60m
W45 Edman-Surina, Carla	25.25m
W50 Kirkpatrick, Yvonne	27.50m
W60 Hinz, Susan	19.40m
W65 Cutler, Georgia	19.66m
Hammer	
W19-29 Ruggiero, Emma	45.51m
W40 Jenkins, Laura	32.40m
W45 Edman-Surina, Carla	19.51m
W55 Taylor, Joyce	36.59m
W60 Hinz, Susan	24.32m
W65 Cutler, Georgia	28.88m
Javelin	
W19-29 Ruggiero, Emma	22.99m
W45 Butler, Linda	27.68m
W50 Kirkpatrick, Yvonne	16.42m

W65 Sisley, Becky	27.15m
Cutler, Georgia	20.98m
W19-29 Ruggiero, Emma	13.57m
W40 Jinkins, Laura	11.32m
W45 Edman-Surina, Carla	7.97m
W55 Taylor, Joyce	11.30m
W60 Hinz, Susan	9.19m
W65 Cutler, Georgia	12.15m
SuperWeight Throw	
W19-29 Ruggiero, Emma	7.28m
W40 Jinkins, Laura	6.78m
W45 Edman-Surina, Carla	4.46m
W55 Taylor, Joyce	8.56m
W60 Hinz, Susan	5.50m
W65 Cutler, Georgia	6.27m

Men's Results

100m	
M30 Syverson, Luke	12.70
Singh, Selwyn	13.98
M40 Petroff,	12.50
M45 Waller, Michael	11.91
Copeland, Scott	12.87
Blake, Aaron	13.10
Crippen, Rand	13.31
Phillips, Mark	13.56
M55 Ortman, David	12.79
M60 Jacobson, Vance	13.63
Leslie, Will	14.94
M65 Robbins, Stephen	12.67
Walsh, Charlie	16.83
McCrea, Don	18.80
M70 Wright, Larry	19.48
M75 Kane, Donald	17.00
Riddick, Ralph	18.41
200m	
M40 Beller, Byrke	24.86
Petroff	25.55
M45 Copeland, Scott	26.10
Blake, Aaron	26.84
Phillips, Mark	27.67
M55 Ortman, David	26.17
M60 Jacobson, Vance	28.17
M65 Walsh, Charlie	35.78
M70 Wright, Larry	38.07
M75 Kane, Donald	34.39
Riddick, Ralph	37.90
400m	
M40 Birade, Laurent	54.14

Beller, Byrke	54.33
M50 James, Henry Diaz, Edward	54.73 1:17.06
M55 Koga, Dean	1:06.32
M60 Tucker, Rich Boggs, Bill	1:05.02 1:20.57
M65 Walsh, Charlie	1:25.19
M70 Wright, Larry	1:25.32
M75 Kane, Donald Riddick, Ralph	1:19.04 1:29.02
800m	
M35 Sahouman, Storm Stuehling, Stephen	2:04.09 2:09.44
M40 Johnson, Keith Merrill, Garth	2:09.85 2:15.76
M50 Cowley, Kevin	2:44.66
M55 Allison, Michael Codd, Bill Koga, Dean	2:24.84 2:28.14 2:37.14
M60 Tucker, Rich O'Neil, Peter Etnyre, Bill Boggs, Bill	2:30.28 2:42.05 2:52.80 3:06.88
M65 O'Rourke, Desmond Wilcox, Joe	2:46.19 3:01.97
M70 Wright, Larry	3:11.95
M75 Kane, Donald Riddick, Ralph	3:10.79 3:53.21
1500 meter run	
M40 Michaels, Christopher Johnson, Keith Miskimens, David Merrill, Garth	4:34.65 4:37.97 4:48.72 5:07.17
M45 White-Espin, David	4:32.71
M50 Wigglesworth, Henry Abrams, Scott Demetrio, Theodore	4:35.10 5:12.63 6:26.08
M55 Allison, Michael	4:46.22
M60 O'Neil, Peter	5:20.61
M65 O'Rourke, Desmond Wilcox, Joe Joslin, Timothy Dean, Roger	6:03.05 6:25.34 6:30.94 7:14.66
M70 Wright, Larry	6:39.50
M75 Riddick, Ralph	8:15.21
5000 meter Run	
M35 Bartholomy, Jake	17:06.00
M40 Michaels, Christopher	17:33.29
M45 White-Espin, David Howell, Robinson	17:10.38 18:00.06

M60 O'Neil, Peter Boggs, Bill	19:45.97 23:10.86
M65 Wilcox, Joe	22:14.41
M70 Wright, Larry	23:34.27
10000 Meter Run	
M70 Wright, Larry	49:06.00
1 mile racewalk	
M30 Singh, Selwyn	12:37.87
5000m racewalk	
M45 Aunan, Tommy	26:03.65
M55 Novak, Robert	28:11.06
M60 Chraminski, Stanley Bruner, William	28:16.26 34:06.57
M70 Zerbe, Richard	DQ
80m Hurdles	
M75 Erikson, Albert	22.39
110m Hurdles	
M45 Roberson, James	18.39
300m Hurdles	
M60 Jacobson, Vance	54.42
400m Hurdles	
M45 Roberson, James	1:03.60
M55 Ortman, David	1:05.45
2000m steeplechase	
M65 Kloke, Dallas	9:49.68
3000m steeplechase	
M30 Davis, Joshua	10:43.24
M40 Miskimens, David	11:32.40
M50 Prather, Bob	12:19.15
High Jump	
M35 Syverson, Marc	1.65m
M40 Toll, Mike	1.50m
M45 Crippen, Rand Rick, Scott	1.75m 1.75m
M55 Ortman, David Donaldson, Sven	1.60m 1.40m
M60 Cole, Daniel Jacobson, Vance --Moore, Rolly	1.60m 1.35m NH
M65 Sheedy, Bob McCrea, Don Dean, Roger	1.16m 1.16m 1.00m
M75 Erikson, Albert	1.12m

Pole Vault	
M45 Jaqua, Michael -- Fish, Marc	3.70m NH

M50 Baucom, Louis	4.27m
M55 Donaldson, Sven	2.70m
M60 Clintworth, Dick	3.00m
Cole, Daniel	3.00m
M65 McCrea, Don	2.40m
Zapf, Fred	2.30m
Butler, Dave	2.30m
Dean, Roger	2.10m
Densmore, Frank	1.90m
M75 Erickson, Albert	2.10m
Long Jump	
M30 Syverson, Luke	5.27m
M35 Syverson, Marc	5.29m
M45 Phillips, Mark	4.38m
Roberson, James	4.27m
M50 Smith, Joe	5.30m
M55 Donaldson, Sven	4.07m
M60 Jacobson,	4.22m
-- Moore, Rolly	FOUL
M65 Sheedy, Bob	3.67m
Dean, Roger	2.99m
M75 Erickson, Albert	2.65m
Triple Jump	
M45 Fish, Marc	9.13m
M50 Smith, Joe	11.55m
M55 Donaldson, Sven	8.69m
M60 Jacobson, Vance	8.36m
M65 LaBarge, Pete	7.37m
Sheedy, Bob	6.61m
Shot Put	
M35 Salas, Christian	12.66m
M45 Shannon, Tim	13.35m
M50 Demetrio, Theodore	8.27m
M60 Kellogg, Howie	10.03m
M65 Ward, Robert	12.23m
Sheedy, Bob	10.04m
McCrea, Don	8.79m
Summers, David	7.07m
M70 Koch, James	12.99m
Saling, Neil	12.09m
Lawson, Bob	11.27m
Sawyer, Dale	6.31m
M75 Erickson, Albert	7.30m
M95 Joslin, Leon	4.74m
Discus	
M40 Ward, Richard	38.41m
M45 Shannon, Tim	35.26m
Phillips, Mark	26.06m
M50 Sluys, Ken	31.05m

Demetrio, Theodore	29.96m
M55 Stotsenberg, Gregory	38.02m
M60 Kellogg, Howie	33.06m
Jacobson, Vance	28.90m
M65 Ward, Robert	38.93m
LaBarge, Pete	36.93m
King, John	32.90m
Sheedy, Bob	32.18m
Johnson, Norman	30.98m
Miller, Jack	29.83m
Summers, David	24.26m
M70 Saling, Neil	41.74m
Lawson, Bob	40.15m
Dahl, Nelson	23.41m
M75 Erickson, Albert	21.35m
M95 Joslin, Leon	14.36m
M45 Shannon, Tim	46.74m
M50 Demetrio, Theodore	21.55m
M60 Taylor, Todd	50.30m
Kellogg, Howie	32.51m
M65 LaBarge, Pete	33.14m
Summers, David	23.44m
M70 Lawson, Bob	36.39m
Javelin	
M30 Appel, Geoffrey	38.41m
Syverson, Luke	36.12m
M35 Syverson, Marc	41.74m
M45 Phillips, Mark	37.36m
Demetrio, Theodore	36.04m
M55 Donaldson,	26.62m
M60 Kellogg, Howie	31.92m
Jacobson, Vance	26.56m
M65 Stenlund, Gary	49.88m
Appel, H. Douglas	41.20m
LaBarge, Pete	36.91m
McCrea, Don	29.32m
M75 Erikson, Albert	20.55m
Weight Throw	
M19-29 Richards, Zack	15.38m
M45 Shannon, Tim	12.97m
M60 Mathews, George	19.68m
Taylor, Todd	17.86m
Kellogg, Howie	13.29m
M65 LaBarge, Pete	12.73m
Summers, David	10.46m
King, John	7.46m
M70 Lawson, Bob	14.32m
M95 Joslin, Leon	4.75m
SuperWeight Throw	
M19-29 Richards, Zack	8.58m

M45 Shannon, Tim	8.64m
M60 Mathews, Geoege	10.62m
Taylor, Todd	9.75m
Kellogg, Howie	6.56m
M65 Summers, David	4.59m
M70 Lawson, Bob	7.51m
M95 Joslin, Leon	2.83m

M40-49 4x400 Meter Relay	
Unattached 'A'	4:30.70
Merrill, Garth Nesbit, Robert	Other names not available
M40-49 4x100 Meter Relay	
puget sound 40 'A'	50.09
	No names available