

Northwest Regional Masters Outdoor Championships
June 23 – 24, 2007 – Mt Hood Community College - Gresham , Oregon

**Competitor is out of region*

Women's Results

100m		
W45	*Amarasekara, Veronica	13.68
	Schultz, Donna	14.75
W50	Mitchell, Rebecca	15.62
W55	*Trott, Rhona	15.28
W60	Cooney, Caroline	17.02
W65	Sisley, Becky	18.08
200m		
W50	Mitchell, Rebecca	33.73
400m		
W40	Johnson, Mary	1:06.97
W45	*Willis, Katherine	1:18.88
W50	Chan, Betsy	1:10.80
	Mitchell, Rebecca	1:17.21
W60	Holzman, Eileen	1:29.02
800m		
W40	Johnson, Mary	2:34.91
	Butler, Linda	3:01.77
W45	*Willis, Katherine	2:50.36
W50	Chan, Betsy	2:54.13
1500m		
W40	Weaver, Angela	6:00.17
W45	Teppo, Jennifer	5:04.95
	*Willis, Katherine	5:49.50
W55	Groesz, Jeanette	5:31.17
W60	Puterbaugh, Candy	5:48.29
	Holzman, Eileen	6:49.75
	Brook, Zel	9:17.82
3000m		
W40	Weaver, Angela	13:17.38
W45	Teppo, Jennifer	11:03.81
W60	Brook, Zel	20:48.51
W70	Means, Susan	18:23.65
5000m		
W40	Weaver, Angela	22:10.28
W55	Groesz, Jeanette	19:50.01
W60	Holzman, Eileen	24:57.68
	Brook, Zel	34:32.00
W80	Lachman, Helen	48:17.63
10000m		
W35	Terris, Wendy	37:32.14
W60	Brook, Zel	1:12:03.28
1 Mile RW		
W40	Grimes, Kathryn	8:51.35
-	Weaver, Angela	DQ
W45	Bellerud, Nana	11:29.27
W50	August, Bertie	11:39.58
W55	Goodman, Cyndy	13:09.87
W60	Bristow, Susan	11:04.52
-	Brook, Zel	DQ
5000m RW		
W40	Grimes, Kathryn	30:18.54
	Karavanic, Karen	34:53.06
W45	Bellerud, Nana	38:08.17
W60	Bristow, Susan	36:34.50

80m Hurdles		
W40	Butler, Linda	16.18
W45	*Amarasekara, Veroni	15.95
W55	*Trott, Rhona	16.34
W65	Sisley, Becky	18.91
300m Hurdles		
W55	*Trott, Rhona	57.48
400m Hurdles		
W40	Butler, Linda	1:21.27
HJ		
W40	Butler, Linda	1.28m (4-02.25)
	Toll, Julie	1.28m (4-02.25)
W60	Cooney, Caroline	1.08m (3-06.5)
PV		
W45	Schultz, Donna	3.00m (9-10)
LJ		
W40	Butler, Linda	4.00m (13-01.5)
	Toll, Julie	3.65m (11-11.5)
W45	*Amarasekapa, Veroni	4.80m (15-09)
W50	Kirkpatrick, Yvonne	3.04m (10-00)
W60	Cooney, Caroline	3.22m (10-07)
TJ		
W40	Tole, Julie	8.35m (27-04.75)
SP		
W40	Butler, Linda	7.93m (26-00)
W45	*Amarasekara, Veroni	9.83m (32-03)
W50	Kendall, Monica	14.20m (46-00)
	Kirkpatrick, Yvonne	9.88m (32-04.75)
	Cooper, Janelle	9.76m (32-00)
W55	*Trott, Rhona	7.81m (26-03.5)
W60	Cutler, Georgia	7.47m (24-06)
DT		
W50	*Cooper, Janelle	27.67m (90-09)
	Kirkpatrick, Yvonne	24.16m (79-03.25)
W55	*Trott, Rhona	18.91m (62-00.5)
W60	Cutler, Georgia	20.13m (66-00.5)
HT		
W50	Cooper, Janelle	25.68m (84-03)
	Swehosky, Pat	18.30m (60-05)
W55	Taylor, Joyce	32.11m (105-04)
	*Trott, Rhona	22.05m (72-04)
W60	Cutler, Georgia	28.54m (93-07.5)
JT		
W40	Butler, Linda	30.34m (99-06)
W50	Kendall, Monica	41.98m (137-09)
	*Cooper, Janelle	20.80m (68-03)
	Kirkpatrick, Yvonne	15.46m (50-08.75)
W55	McCormick, Allison	25.16m (82-06)
W60	Cutler, Georgia	21.84m (71-08)
W65	Sisley, Becky	25.00m (82-00)
WT		
W50	*Cooper, Janelle	9.41m (30-10.5)
W55	Taylor, Joyce	10.65m (34-11)
W60	Cutler, Georgia	10.60m (34-09.5)
SWT		
W50	*Cooper, Janelle	6.48m (21-03)
W55	Taylor, Joyce	8.09m (26-06.5)
W60	Cutler, Georgia	5.61m (18-05)

Northwest Regional Masters Outdoor Championships continued

Men's Results

100m			M50	Hughey, Raymond	5:09.94
M40	Reed, Robert	12.40 <i>wind aided</i>	M55	Allison, Michael	4:46.56
M45	Copeland, Scott	12.54 <i>wind aided</i>		Harter, Reid	5:03.91
	Budziszewski, Josep	12.67		Cook, Don	6:12.06
	Blake, Aaron	12.80	M60	O'Neil, Peter	5:12.44
M50	Irving, Marcus	12.16 <i>wind aided</i>		*Hall, Gary	6:30.32
	Ortman, David	12.49		Peirce, Stephen	7:33.51
	Worley, Steve	12.66	M65	O'Rourke, Desmond	6:03.69
	*Templin, Kenneth	13.19	M70	Wright, Larry	6:50.40
M55	Watson, Doug	13.86 <i>wind aided</i>	M75	Flanagan, Paul	6:13.97
M60	Brocato, Charlie	13.37 <i>wind aided</i>	3000m		
	Casey, Jack	13.57	M30	Bartosz, Daniel	9:25.02
	Peirce, Stephen	15.14	M35	Berry, Steve	10:15.53
M65	Edens, Paul	12.94 <i>wind aided</i>	M40	Dudman, Joe	9:30.02
	Stepan, Paul	15.77	M50	Huff, Mark	11:36.15
	Summers, David	15.87	M55	Cook, Don	14:08.97
	McCrea, Boomer	16.64	M60	*Hall, Gary	11:20.83
M70	Walker, Kermit	15.18		Peirce, Stephen	20:04-53
	Hoffman, J. C.	16.11	M70	Wright, Larry	14:45.87
M75	Flanagan, Paul	16.98	M75	Flanagan, Paul	NT
200m			5000m		
M40	Coushay, Brian	24.94	M30	Bartosz, Daniel	16:46.46
	Reed, Robert	26.42	M35	Schmittel, Scott	17:14.15
M45	Copeland, Scott	26.41		Berry, Steve	17:49.82
	Budziszewski, J.	26.94		Miller, Jeff	17:54.99
M50	Irving, Marcus	26.05	M40	Dudman, Joe	16:30.57
	Ortman, David	26.21		Boen, Mark	18:35.70
	Worley, Steve	26.22	M45	Swietlik, Tim	17:56.43
M60	Peirce, Stephen	34.36	M55	Harter, Reid	18:28.56
M65	Edens, Paul	26.96	M60	O'neil, Peter	19:28.25
	Summers, David	34.37		*Hall, Gary	20:11.76
	Stepan, Paul	DNF	M70	Wright, Larry	24:22.91
M70	Hoffman, J.C.	33.16	10000m		
	Wright, Larry	40.80	M40	Terris, David	34:31.60
400m				Boen, Mark	38:20.80
M40	Reed, Robert	57.09	M45	Conradt, Robert	35:26.86
	Doerfler, Geoff	1:03.83		Punches, Richard	DNF
M45	Budziszewski, Josep	58.93	M60	*Hall, Gary	41:28.76
M50	Worley, Steve	1:00.80	M70	Wright, Larry	50:46.56
	Johnson, Robert L.	1:05.94	M80	McMicken, Craig	1:07:10.42
	Diaz, Edward	1:08.24	1 Mile RW		
M60	Peirce, Stephen	1:15.83	M50	Vermeer, Doug	9:01.29
M65	McMillan, Don	1:04.32		Shields, Les	10:15.13
	*McIlwaine, Bill	1:11.53	M60	Robeson, Dennis	9:34.29
	Stepan, Paul	1:19.47		Durrell, Michael	10:43.46
M70	Wright, Larry	1:31.18	M65	Opsahl, George	8:52.88
M75	Flanagan, Paul	1:19.67	M70	Mcpike, Ron	10:34.09
800m			M75	Vaughn, Dick	11:04.41
M40	Banuelos, Fidel	2:22.28	5000m RW		
	Sherman, Rick	2:29.59	M45	Aunan, Tommy	26:53.38
M45	*Peterson, Rick	2:16.28	M50	Shields, Les	34:57.87
M60	Hall, Gary	2:33.86		Kirkpatrick, Mark	36:14.41
	Tanner, Edward	2:58.99	M55	Novak, Bob	28:23.15
	Peirce, Stephen	3:12.73		Chraminski, Stan	28:59.18
M65	O'Rourke, Desmond	2:48.54	M65	Opsahl, George	29:11.60
M70	Wright, Larry	3:21.11	M70	Mcpike, Ron	34:28.00
1500m			M75	Vaughn, Dick	36:17.65
M35	Swanson, Jonathan	4:09.59	80m Hurdles		
	Berry, Steve	4:40.76	M80	Sullivan, Dennis	23.47
M40	Dudman, Joe	4:20.87	100m Hurdles		
	Phillips, Mark	6:29.12	M60	Peirce, Stephen	22.45
			M65	Sheedy, Bob	20.54

Northwest Regional Masters Outdoor Championships continued

110m Hurdles			TJ		
M35	Jannsen, Andrew	16.84	M40	Coushay, Brian	12.10m (39-08.5)
M45	Copeland, Scott	20.31		Toll, Mike	10.31m (33-10)
300m Hurdles			M45	Copeland, Scott	9.70m (31-10)
M60	Peirce, Stephen	1:02.15	M50	Lariza, Mike	12.01m (39-05)
400m Hurdles			M55	Jackson, Scott	9.46m (31-00.5)
M30	Sallos, Sol	57.36	M60	Tanner, Edward	6.54m (21-05.5)
M35	Hale-Brown, Mark	1:01.56		Peirce, Stephen	6.24m (20-05.5)
	Jannsen, Andrew	1:04.57	M65	Struna, Frank	10.14m (33-03)
M40	Sherman, Rick	1:11.09		Kondrasuk, Jack	7.03m (23-00.75)
M45	Roberson, James	1:01.71	M70	Walker, Kermit	9.30m (30-06)
M50	Ortman, David	1:05.15	SP		
	Andrews, Mike	1:06.15	M40	Shannon, Tim	13.50m (44-03.5)
2000m SC			M45	Roff, Ray	8.52m (27-11)
M60	Tanner, Edward	11:19.99	M50	Burton, Pay	14.23m (46-08)
	Peirce, Stephen	11:42.22		Banton, Steven	12.70m (41-00.75)
3000m SC				Guardino, Thomas	9.54m (31-03.5)
M40	Miskinies, David	11:19.99		Demetrio, Ted	7.64m (25-01)
	Sherman, Rick	11:42.22	M60	Ford, Jerry	13.07m (42-10.5)
M50	Prestrud, Jack	12:04.67		Kellogg, Howie	10.90m (35-09)
HJ				McCormick, Cornelius	9.32m (30-07)
M35	Jannsen, Andrew	1.62m (5-03.75)		Long, Bob	8.62m (28-03.5)
M40	Coushay, Brian	1.72m (5-07.75)		Peirce, Stephen	6.54m (21-05)
	Toll, Mike	1.58m (5-02.25)	M65	Ward, Robert	12.93m (42-05)
M50	Ortman, David	1.58m (5-02.25)		*Livermore, Terry	12.34m (38-10.5)
M55	Jensen, Sig	1.48m (4-10.25)		Sheedy, Bob	11.02m (36-02)
M60	Cole, Dan	1.58m (5-02.25)		Huhn, Jerry	10.81m (35-05.5)
	Edwards, Jay	1.44m (4-08.75)		McCrea, Boomer	9.40m (30-10)
	Peirce, Stephen	1.20m (3-11.25)		Myers, Joe	9.35m (30-08)
	Tanner, Edward	1.16m (3-09.5)	M70	Saling, Neil	11.64m (38-02.5)
M65	Burns, John	1.40m (4-07)		Darling, Bob	11.19m (36-08.5)
	Sheedy, Bob	1.40m (4-07)		Sabin, Wayne	10.14m (33-03)
	Kondrasuk, Jack	1.24m (4-00.75)	M75	Lewellen, Harvey	9.81m (32-02)
	McCrea, Boomer	1.24m (4-00.75)		Guimary, Ray	8.82m (28-11)
M85	Young, Gil	1.08m (3-06.5)	M80	Sullivan, Dennis	9.50m (31-02)
PV				Weber, Frank	7.30m (23-11.5)
M30	Gold, Josh	3.15m (10-04)	DT		
M45	Fish, Marc	3.80m (12-06)	M40	Ward, Richard	38.61m (126-08)
	Cox, Dean	3.68m (12-01)		Phillips, Mark	37.26m (122-03)
	McCormick, Bob	3.51m (11-07)		Shannon, Tim	37.26m (122-03)
M50	Baucom, Louis	3.65m (12-01)		*Ostrom, Michael	33.50m (109-11)
M60	Phillips, Dennis	3.65m (12-01)	M45	Roff, Ray	22.96m (75-04)
	Altendorf, John	3.60m (11-10)	M50	Burton, Ray	48.69m (159-08)
	Cole, Dan	3.00m (9-10)		Banton, Steven	37.50m (123-00)
	Clintworth, Dick	2.90m (9-06)		Guardino, Thomas	32.28m (105-11)
M65	Cannon, T	3.45m (11-04)	M60	McCormick, Cornelius	37.84m (124-02)
	Holmes, Larry	3.25m (10-08)		Kellogg, Howie	33.71m (110-07)
	Sheedy, Bob	2.90m (9-06)		Peirce, Stephen	12.19m (40-00)
	McCrea, Boomer	2.90m (9-06)	M65	Huhn, Jerry	37.37m (122-08)
M70	Steinman, John	NH		Myers, Joe	37.30m (122-04)
M80	Cleveland, John	2.15m (7-00.75)		*Burns, John	34.60m (113-06)
LJ				Ward, Robert	33.67m (110-06)
M40	Toll, Mike	5.55m (18-02.5)		*Livermore, Terry	33.40m (109-07)
	Phillips, Mark	4.03m (13-02.5)		King, John	31.48m (103-03)
M45	Copeland, Scott	4.95m (16-03)		Kondrasuk, Jack	27.47m (90-02)
M50	Worley, Steve	5.21m (17-01.25)		Summers, David	24.00m (78-09)
M60	Cole, Dan	4.28m (14-00.25)	M70	Saling, Neil	38.04m (124-10)
	Clintworth, Dick	4.06m (13-03.25)		Darling, Bob	35.75m (117-03)
	Peirce, Stephen	3.35m (11-00)		Sabin, Wayne	30.54m (100-02)
M65	Struna, Frank	4.72m (15-05.75)	DT, continued		
	McCrea, Boomer	2.68m (8-09.5)	M75	Lewellen, Harvey	33.91m (111-03)
M70	Walker, Kermit	4.42m (14-06)			

Northwest Regional Masters Outdoor Championships continued

	Allison, Tom	27.25m (89-05)		Huhn, Jerry	40.19m (131-10)
	Greenlee, John	22.47m (73-09)		*Burns, John	39.93m (131-00)
M80	Weber, Frank	14.47m (47-05.75)		McCrea, Boomer	33.91m (109-04)
<hr/>				*Livermore, Terry	27.77m (91-02)
HT			M70	Darling, Bob	36.32m (120-02)
M30	Milakovic, Mila	60.23m (197-07.5)		Loosli, Gary	29.50m (96-09)
M40	Shannon, Tim	44.40m (145-08)		Sabin, Wayne	19.80m (64-01)
	*Ostrom, Michael	44.24m (145-02)	M75	Allison, Tom	20.29m (66-07)
M50	Burton, Ray	47.87m (157-00)		Lewellen, Harvey	20.29m (66-07)
M60	Taylor, Todd	51.42m (168-08.5)	M80	Sullivan, Dennis	25.54m (83-09)
	Mathews, George	47.73m (156-07.5)		Weber, Frank	16.15m (53-00)
	*Kellogg, Howie	33.38m (109-06.5)	<hr/>		
M65	Huhn, Jerry	27.87m (91-05)	WT		
	*Livermore, Terry	25.07m (82-03)	M40	Shannon, Tim	13.32m (43-08.5)
M70	Sabin, Wayne	28.37m (93-01)	M50	Burton, Ray	17.66m (57-11)
M75	Lewellen, Harvey	34.08m (108-10.5)	M60	Mathews, George	19.07m (62-06.5)
	Allison, Tom	23.81m (78-01.5)		Taylor, Todd	19.07m (62-06.5)
	Greenlee, John	20.67m (67-10)		Kellogg, Howie	12.69m (41-07.5)
<hr/>			M65	*Livermore, Terry	12.36m (40-06.5)
JT				King, John	6.59m (21-07.5)
M30	Appel, Geoff	38.38m (125-11)	M70	Sabin, Wayne	12.02m (39-05)
M40	Phillips, Mark	32.98m (108-02)	M75	Lewellen, Harvey	15.37m (50-05)
M50	Banton, Steven	44.04m (144-06)		Greenlee, John	9.66m (31-08.25)
	Demetrio, Ted	29.04m (95-03)	<hr/>		
M55	Watson, Doug	44.92m (147-04)	SWT		
	*Prnjak, Gerald	37.21m (122-00)	M50	Burton, Ray	8.56m (28-01)
M60	Burkholder, Robert	39.70m (130-03)	M60	Mathews, George	10.56m (34-07.5)
	Kellogg, Howie	30.82m (101-01)		Taylor, Todd	10.15m (33-03.5)
	Long, Bob	26.44m (86-09)		Kellogg, Howie	6.64m (21-09)
	Peirce, Stephen	10.97m (35-10)	M65	*Livermore, Terry	5.70m (18-08.25)
M65	Stenlund, Gary	52.30m (171-07)		Kondrasuk, Jack	4.58m (15-00.5)
	Reddaway, Gary	41.18m (135-01)	M70	Sabin, Wayne	6.69m (21-11.5)
			M75	Lewellen, Harvey	8.05m (26-07.75)
				Greenlee, John	4.77m (15-07.75)

Official measurements are in meters, (Feet – inches) are for information only